

# WE ARE GOD'S INSTRUMENTS



**NOTE: This object lesson will take some preparation and will work best if you start the night before.**

Fill a small bucket or container with water. Add a few toys or other objects that can get wet and cold. Put the container in the freezer overnight or until the water turns to solid ice.

When it's time to do the activity, take the container out of the freezer. If possible, remove the block of ice from the container and place it on a try. Ask your children how you can set the toys free without waiting for the ice to melt completely.

After listening to everyone's ideas, use a hammer, ice pick, or another tool to chip the ice away and set the toys free.

Discuss how tools make tasks easier. Then explain that an "instrument" is another name for a tool. Heavenly Father used the sons of Mosiah as an instrument to teach the Lamanites and free them from spiritual bondage. We, too, can be God's instruments and teach those around us about Jesus Christ.